

2018 NEXT GENERATION YOUTH FOOTBALL CAMP

NAME: \_\_\_\_\_ GRADE (2017-18) \_\_\_\_\_ AGE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ SCHOOL: \_\_\_\_\_

POSITION (CIRCLE): OFFENSE: QB RB WR TE OL DEFENSE: DL LB DB SPECIALTY: K P LS

T-SHIRT SIZE (CIRCLE): YM YL S M L XL XXL

Atlantic Shores Liability Release & Acknowledgement  
Participation in an Atlantic Shores Christian School Program involves the risk of injury including, but not limited to collision with other participants, being hit by the ball, falling onto the floor or into a wall, scratches, bruises, sprained and broken ankles and other body parts. By submitting this registration for my child's participation in this program, I acknowledge that I am requesting that my child have the opportunity to participate in this program and that I, on behalf of myself, my child, heirs, assigns, executors and administrators (a) acknowledge all risks of injury and death associated with participation in this program, (b) assume responsibility should injury and death result from these risks, (c) waive any legal rights we may have to seek payment of any kind from Atlantic Shores and the operators, administrators, employees and agents of the facility the program is being held for bodily injury or death resulting from participation in this program, and to release these parties from any liability for damages resulting from injuries and death, (d) acknowledge that no additional insurance coverage is provided by Atlantic Shores and the administrators, employees and agents of the facility where the program is being held, (e) agree to follow all rules and procedures of the program and reasonable instructions of the coaches and Atlantic Shores employees.

STUDENT SIGNATURE \_\_\_\_\_

PARENT/GUARDIAN SIGNATURE \_\_\_\_\_

**PURPOSE:**

- To provide each camper with the **fundamentals & techniques** to help them increase their level of play.
- To create a **positive, challenging, fun & exciting environment** for each camper.
- To reinforce core values such as **commitment, teamwork, and discipline** not only in the game of football but in their **school, home, & community.**

**Camp Director: *Wayne Lance*** has been coaching high school football going on his **23<sup>rd</sup> season.** He has spent his career coaching in Virginia & Indiana. He has not only worked camps at major colleges & universities, but he has also been running camps for youth and middle school athletes for over 15 years. **Over 150 of his former players have played in college, 4 have played professionally.** Coach Lance is currently the Head Football Coach & Assistant Athletic Director at Atlantic Shores Christian School.



**NEXT  
GENERATION**

**2018  
Youth Football  
Camp**

***JULY 16th - 19th***

**MONDAY - THURSDAY  
*5pm - 7:30pm***

**CAMP PRICE  
*\$50***

**FOR ANY AREA ATHLETE  
ENTERING GRADES K-8**

**LOCATION**  
Atlantic Shores Christian School  
Secondary Campus  
1217 Centerville Tpk. N.  
Chesapeake, VA, 23320

## FUNDAMENTALS TO BE COVERED:

- **QUARTERBACKS**: Throwing mechanics, Reading coverages.
- **RUNNING BACKS**: Ball handling, blocking and receiving.
- **WIDE RECEIVERS**: Route running, blocking, and receiving.
- **TIGHT ENDS**: Route running, blocking, and receiving.
- **OFFENSIVE LINE**: Recognizing defenses, run blocking, and pass blocking.
- **DEFENSIVE LINE**: Tackling, defending the run, and pass rush.
- **LINEBACKERS**: Tackling, pass drops, blitz technique, playing the run.
- **DEFENSIVE BACKS**: Tackling, coverage techniques and playing the run.
- **Specialists** (kickers, punters, and snappers) will also receive instruction. Please note on registration form.

**Stance and footwork are taught to each position.**

## WHAT TO BRING:

CAMPERS ARE ASKED TO WEAR COMFORTABLE **SHORTS AND A T-SHIRT.**

***Cleats are optional.*** Cleats do help with traction, but this does not require a special trip to the store to purchase a pair. Comfortable sneakers will do.



## TENATIVE CAMP SCHEDULE:

**5:00 PM:** Camp Intro and warm-up  
**5:15:** Offensive positions  
**6:00:** Defensive positions  
**6:45:** Razzle-Dazzle competition  
**7:30:** Clean up and pack up

## AWARDS AND FEATURES:

- Campers receive a camp **T-shirt.**
- Punt, Pass, and Kick awards for the top 3 performers in each event and age group. Trophies are awarded to the over-all winner in each age group.
- Great opportunity to be coached by the Atlantic Shores Varsity Staff.
- This is an excellent opportunity to prepare for your season **BEFORE** it begins.
- **YOUTH COACHES CAN BRING THEIR TEAMS!**

**CAMP PAYMENT:** Please make checks payable to Atlantic Shores Athletics or ASCS.

**Registrations** can be received at the field on arrival for camp, via mail, or dropped off at the Atlantic Shores Christian School Secondary Campus.

**Atlantic Shores Christian School  
Next Generation Football Camp  
1217 Centerville Tpk. N.  
Chesapeake, VA, 23320**

Please Contact Coach **Wayne Lance** via **email:** [wlance@shoreschristian.org](mailto:wlance@shoreschristian.org) or **phone:** **765.437.9784** or **757.479.9598** with any questions.